



South Carolina's HEALTH IS OUR PRIORITY

Monthly Newsletter

October 2025

Registration Opening Soon: 2026 Winter CME Conference



SAVE *the* DATE!

2026 WINTER CME CONFERENCE

"INNOVATIONS IN MEDICINE:
BRIDGING SCIENCE AND PATIENT CARE"

FEBRUARY 13 – 15, 2026

OMNI HILTON HEAD OCEANFRONT RESORT

Earn up to 20 AOA 1-A CME credits from leading experts, sharpen your skills in hands-on learning forums, explore cutting-edge research poster presentations, and connect with colleagues from across the region. Celebrate excellence at the SCOMS Awards Reception, unwind at the Saturday Evening Reception and Silent Auction, and enjoy an inspiring weekend of education, networking, and oceanfront relaxation.

Co-Sponsored by VCOM - Carolinas

WWW.SCDOS.ORG

 [SCOMS 2026 Winter CME Conference](#)

 [Omni Hilton Head Oceanfront Resort](#) | [Hilton Head Island, SC](#)

Earn up to **20 AOA Category 1-A Credits + 2 Category 1-B Credits** while enjoying an unforgettable weekend of learning, networking, and relaxation by the ocean. [Hotel rooms](#) are \$199 per night. Make your reservations now [online](#) or by calling 1-800-843-6664 and asking for the group code **021326SCOMS**.

Join 100+ osteopathic physicians, residents, fellows, students, faculty, and health care professionals for:

- ✦ Inspiring CME sessions with leading experts
- ✦ Hands-on learning forums and research poster presentations
- ✦ Hot-topic updates in public health, neurology, geriatrics, pediatrics, OMM/OMT, obesity & diabetes, wound care, and more
- ✦ Legislative and practice updates that impact your work
- ✦ Presentation of Physician of the Year, Resident of the Year, Student DO of the Year, and Student Scholarship
- ✦ A Saturday Evening Reception & Silent Auction—perfect for connecting with colleagues in a relaxed setting

^{July} 17 Agenda coming soon -- packed with cutting-edge topics and interactive opportunities you won't want to miss!

Make plans now to earn credit, grow your knowledge, and recharge at the beach with SCOMS!

Poster Presentation Submissions Due December 2



www.scdos.org



Call For Poster Presentations

Due Dec. 2, 2025

2026 SCOMS Winter CME Conference
February 13-15, 2026
Hilton Head Island

- 15 Finalists selected
- Each receive free conference registration



Call for Nominations: 2026 Scholarship and Awards Program

DUE DECEMBER 1



CALL FOR NOMINATIONS

RECOGNIZE OUTSTANDING PHYSICIANS, RESIDENTS AND
MEDICAL STUDENTS WHO EMBODY EXCELLENCE IN
OSTEOPATHIC MEDICINE, EDUCATION, & SERVICE.

PHYSICIAN OF THE YEAR, RESIDENT OF THE YEAR, STUDENT
OF THE YEAR, & SCOMS STUDENT SCHOLARSHIP NOMINEES
DUE DEC. 1

www.scdos.org/scholarship-and-award



SCOMS is now [accepting nominations](#) for its **Scholarship & Awards Program**! This is your chance to recognize outstanding physicians, residents and medical students who embody excellence in osteopathic medicine, education, and service. [Click here](#) to see the criteria for Physician of the Year, Resident of the Year, Student DO of the Year, and SCOMS Student Scholarship.

Award recipients will be honored during the [2026 SCOMS Winter CME Conference](#) at the [Omni Hilton Head Oceanfront Resort](#), where their achievements will be celebrated among peers and colleagues from across the state and beyond.

📌 **Nomination Deadline:** Monday, December 1, 2025

📌 **Who Can Nominate:** All SCOMS members are invited to submit nominations.

Help us highlight those who are making a lasting impact on the osteopathic profession and the communities we serve.

👉 [Submit your nomination](#) today and join us in celebrating excellence at the 2026 Winter CME Conference!

**Support Dr. Tanya Tang in Dancing with the
Spartanburg Stars**

Dancing WITH THE Spartanburg Stars

BENEFITING THE CANCER ASSOCIATION OF SPARTANBURG & CHEROKEE COUNTIES, INC.

PRESENTED BY THE HUNT FAMILY

STAR



TANYA TANG

PRO



SON OF ICE

Check your calendar and make sure to join SCOMS at our upcoming events! All SCOMS members are welcome. [RSVP to andrea@scdos.org](mailto:andrea@scdos.org)

SCAN TO VOTE



SCOMS/SOMA Mixer

www.dancingwiththespartanburgstars.com

When: Friday, November 21

Where: Delaney's Irish Pub, 117 W Main St, Spartanburg, SC 29306

Time: 6:00 - 8:00 p.m.

The [Cancer Association of Spartanburg & Cherokee Counties](http://www.dancingwiththespartanburgstars.com) supports local cancer patients with critical services like transportation, medical supplies, nutrition, counseling, and more—all at no cost to the patient thanks to its incredible fundraiser Dancing with the Spartanburg Stars.

Dr. Tang, a nephrologist and SCOMS member, will dance in memory of her mom and dad, and in honor of her aunt and three close friends who are all courageously facing cancer. She is the only medical professional participating in this year's event, representing our healthcare community on the dance floor! [Donate now](#) to Dr. Tang's fundraising campaign.

Fascial Distortion Model (FDM) Training Opportunity

Upcoming SCOMS Networking Events:

FASCIAL DISTORTION MODEL MODULE 1: Shoulder, Knee and Ankle

December 13-14, 2025

Burrell College of Osteopathic Medicine
Florida Institute of Technology Campus
L3 Harris Commons Bldg.
3011 S. Bobcock St. OMM Lab-Rm 325
Melbourne, FL 32901

To REGISTER scan this QR code
or visit thefdmacademy.com.

USE CODE: EARLY10
to save 10% off
until 30 days
before the course!



DO, MD, DC, NP, PA-C, PT, PTA, OT, AT, ND, DPM, DDS, DMD, DVM, Medical and PT students,
Certified Structural Integration practitioners, Certified Rolfers, and RMTs in Canada are
eligible to attend our courses.

Learn this Osteopathic model that you can apply immediately into your
practice!



Dr. Todd Caplstrant, DO
FDM Instructor

Virtual introduction will be available 2 weeks before the course
20 Credits of AOA Category 1-A CME. Accredited with the
Texas Board of Physical Therapy Examiners (with reciprocity in many States)

Fascial Distortion Model (FDM) is a manual therapy approach developed by Stephen Typaldos, DO that is widely seen as part of the Osteopathic manipulative medicine toolkit. This model of thinking will even be included in the upcoming edition of Foundations for Osteopathic Medicine that is expected to be released soon. This is an extremely valuable tool that can be rapidly added to a Family Medicine physicians skillset.

Share Your Research

SCOMS wants to highlight the outstanding research being conducted by our members! If you've recently presented, published, or completed a project, we'd love to feature your work in an upcoming newsletter and on our social media. Please email a brief summary (250 words or less) and a photo or link to your publication or presentation to andrea@scdos.org.

DPH, Alliance for a Healthier SC Release South Carolina State Health Improvement Plan



The South Carolina Department of Public Health, in partnership with the Alliance for a Healthier South Carolina and multi-sector partners from across the state recently released the [2025–2030 South Carolina State Health Improvement Plan \(SHIP\)](#). It reflects the collective efforts of state agencies, public health entities, healthcare providers, community-based organizations and other cross-sector stakeholders working to improve health outcomes across the state.

The plan emphasizes innovative, evidence-informed strategies and a results-based approach, with a focus on the following priority areas: Chronic Health Conditions, Behavioral Health, Maternal and Infant Health, Affordable and Nutritious Foods, Safe and Affordable Places to be Physically Active, Access to High-Quality Care, Income and Poverty, Education, and Neighborhood and Community Development.

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Renew SCOMS Membership, Join Now, or Refer a Friend-

Receive a Free Gift

AND Be Entered to Win a SCOMS Gift Pack 

SCOMS offers multiple membership categories to welcome a variety of individuals who practice in and support the Osteopathic profession.

[Click here](#) to remain a member of the

ONLY association in SC devoted to improving and promoting the science and profession of osteopathic medicine.



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Membership Type:	Fees:
Physician	\$175 or \$395 for 3 years
Retired	\$140
Military	\$140
Out-of-State Physician	\$90
Associate	\$90
Resident	\$50
Student/Intern	\$30